In the Eastern Churches, during the Easter season, people greet each other by saying:

Christ is risen!

And the response is:

He is risen, indeed!

In some countries, you can even hear it over the loudspeakers in airports or other public places - preceding general announcements.

The Eastern Churches also consider the role the Jesus Christ played through His passion, death, and resurrection as correcting the fault of the first man - Adam.

This theological theory is referred to as *recapitulation* ... or in Greek: ανακεφαλαίωση ... which literally means "to put a new head on."

In a sense, through sin, humanity had "lost it's head."

We've all had those days where we don't know which end is up ... or we can't seem to get anything to work out right.

That's what sin did to the whole of creation. In other words, sin pretty much turned everything on it's head.

Through His passion, death, and resurrection; Jesus turns things back around right. This is the new creation ... this is the recapitulation ... the restoration ... of all things in Christ.

As we approach this altar to receive the sacred Body and Blood, Soul and Divinity of Jesus Christ - let us dive "head first" into this awesome and holy season of Easter by letting Jesus put our heads back on straight. Let us die to sin and rise to new life in Jesus Christ by virtue of our baptismal promises and the outpouring of grace through the sacraments we have received and will receive.

Christ is risen! He is risen indeed! Alleluia!